

## Monitoring returns on Wellbeing projects

<b>Project: Opening Doors</b>	
<b>Lead organisation: Harehills Baptist Church</b>	<b>Wellbeing Funding: £8,500</b>
<p>The Area Committee funded the refurbishment of the kitchen in the Church's Community Buildings. Work commenced on 18<sup>th</sup> July 2013 and took 3 weeks. New non-slip flooring was installed, new cooker hood and extractor fans, all of the cupboard units were repainted and a number replaced with larger units. A new hot cupboard was installed and sinks repositioned amongst other work.</p> <p>Before and after photographs are attached for information.</p> <p>This work creates a much more fit for purpose venue for all of the community to use, regular users currently include; Women Asylum Seekers Together, Leeds Men's Group, Leeds Youth Cell Network and Harehills Play Group, formerly Sure Start.</p>	

<b>Project: The garden at Inkwel</b>	
<b>Lead organisation: BTCV t/a The Conservation Volunteers</b>	<b>Wellbeing Funding: £2,000</b>
<p>Inkwel is a creative arts and mental health and wellbeing centre in Chapel Allerton. The aim of this project was to develop a beautiful community garden to the rear of the building, where crops can be grown and harvested, service users can sit and reflect and it will hold celebrations and fund raisers like Bonfire night.</p> <p>The Area Committee was asked to contribute towards a £19,800 major capital scheme. The Area Committees funding was to pay for the second year of the gardens development, which is the development of the garden to produce crops to sustain the onsite cafe. The funding is to pay for sessional workers, compost, seeds and tools.</p> <p>We have just received the second quarter of monitoring for this project as the Area Committee have funded it for a 12 month period.</p> <p>In this second quarter; 57 garden volunteers have taken part in the project. Of these, 48 of the volunteers are registered for support due to issues such as low mood or history of mental ill health.</p> <p>Tasks have included building a new side gate and safety fence, working on the wildflower meadow, sewing fruit and vegetable seeds, building an extra greenhouse to expand capacity and harvesting the fruit and vegetables. They have continued to sustain the community café using these fresh grown produce.</p>	